



SHORT PHYSICAL PERFORMANCE BATTERY

ID NUMBER:	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
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FORM CODE: **SPB**
 VERSION: 1.0 02/05/2018

Event: _____

0a) Form Date..... //

0b) Initials

Instructions: This form should be completed during the participant's clinic visit.

1) Side-by-side standing balance

Holds position for 10 seconds₁ → **Go to 2**

Holds position for ≥1 but <10 seconds₂

1a) Enter time . seconds.hundredths

Unable to attain position or hold for 1 second₃ → **Go to 4**

Not attempted, unable₄ → **Go to 4**

Participant refused₅ → **Go to 4**

2) Semi-tandem standing balance

Holds position for 10 seconds₁ → **Go to 3**

Holds position for ≥1 but <10 seconds₂

2a) Enter time . seconds.hundredths

Unable to attain position or hold for 1 second₃ → **Go to 4**

Not attempted, unable₄ → **Go to 4**

Participant refused₅ → **Go to 4**

3) Tandem standing balance

Holds position for 10 seconds₁

Holds position for ≥1 but <10 seconds₂

3a) Enter time . seconds.hundredths

Unable to attain position or hold for 1 second₃

Not attempted, unable₄

Participant refused₅

4) Normal pace 4-meter walk: Trial 1

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Completed₁

4a) Enter time

. seconds.hundredths

Not attempted, unable₂

Participant refused₃

5) Normal pace 4-meter walk: Trial 2

Completed₁

5a) Enter time

. seconds.hundredths

Not attempted, unable₂

Participant refused₃

6) Single chair sit-to-stand

Stands without using arms₁ → **Go to 7**

Stands using arms₂ → **Go to 7**

Attempted, unable₃ → **End Form**

Not attempted, unable₄ → **End Form**

Participant refused₅ → **End Form**

7) Repeated chair sit-to-stand

Completed 5 chair sit-to-stands₁

7a) Enter time to complete 5 chair sit-to-stands

. seconds.hundredths

Attempted, unable to complete 5 sit-to-stands₂

7b) Number of chair sit-to-stands completed

Not attempted, unable₃ → **End Form**

Participant refused₄ → **End Form**

END OF FORM